

Pembrokeshire insport club **Red** - No running presently **Amber** - preparing to restart **Green** - Currently active

<u>Club</u>	<u>Active at present</u>	<u>Disability Specific</u>	<u>Inclusive</u>	<u>Contact</u>	<u>E-Mail</u>
Pembrokeshire Puffins Swimming Club		Yes		Sam Wilkinson	pembrokeshirepuffins@gmail.com
Pembrokeshire SEN Gymnastics Club		Yes		Adele Bevan Waiting list at present	psng@hotmail.co.uk 07398 917670
Crymych Panthers Boccia Club		Yes (Physical)		Sian Jones No spaces at present moving to new premises after Easter	sian.jones38@yahoo.co.uk 07736 350006
Clarboston Road AFC Clarbe Warriors		Yes	Yes	Ian Eynon	ian_eynon@hotmail.com 07849 528444
Pembroke Dock Cricket Club		Yes	Yes	Andrew Scott-Davies	andrewscott-davies_612@hotmail.co.uk
Haverfordwest Cricket Club		Yes	Yes	Colin Williams	colingeorgewilliams1@gmail.com
Fishguard & Goodwick Hockey Club			Yes	Adam George	adamgeorgeAJG@live.co.uk
Elements Gymnastics Club			Yes	Suzanne	suzzie09@live.co.uk
Fishguard Thunderbolts AFC		Yes	Yes	Brian Millard	brianmillard4@hotmail.com 07791 930864
Pembrokeshire Disabled Bowlers Club		Yes		Steve Whitmore	skylight25@msn.com 07443 911991
Value Independence Shooting Club		Yes		Richard Dyson	rich@valueindependence.co.uk 01646 695785
Kilgetty.177 Target Shooting Club			Yes	Phil Jackson	philip175@aol.com 01834 814273

Pembrokeshire Weight Lifting (SAW)		Yes	Yes	Simon Roach	simon.roach@strengthacademy.wales
South Pembs Weightlifting Club		Yes	Yes	Justin Head	jfhead0664@gmail.com 07818 448720
Wisemans Bridge Rowing Club		Yes	Yes	Caroline Ball	caroline75115@gmail.com
Haverfordwest Golf Club			Yes	Alex Jones	alex.jones1375@yahoo.com
Pembrokeshire Harriers Athletics Club			Yes	Jennifer Boyce	jennifer.boyce@btinternet.com
Bosheston & Stackpole Cricket Club			Yes	Phil Tallett	pvtallett@outlokk.com
Pembrokeshire Hurricanes Wheelchair Basketball Club		Yes		Angela Miles	angelamiles@pembrokeshire.gov.uk
Fishguard & Goodwick Jemima Rowing Club		Yes	Yes	Yasmin Barlow	fgjrcsec@gmail.com
Kilgetty Football Club			Yes	Lucas Gamble	info@kilgettyafc.co.uk
Cleddau Reach Archery Club			Yes	Roger Perkins	archery@rosynbenty.uk
Saundersfoot Cricket Club			Yes	Roger Stanford	rkpstanford@aol.com
Haverfordwest Target Shooting Club			Yes	David Sheers	dscheeres@aol.com
Just Tri			Yes	Sion Jenkins	sion_jenkins2@hotmail.com
Tenby Golf Club			Yes	Dave Hancock	info@tenbygolf.co.uk
Milford Haven Gymnastics Club			Yes		romeka@mail.com
Meads Squash Club		Yes	Yes	Peter Crook	petercrook23@hotmail.com 07809 236762

Pembrokeshire Triathlon Club			Yes	Karen Munn	info@pembrokeshire-tri.org.uk
Neyland CC			Yes	Gavin Rowland	gavrowland35@yahoo.co.uk
Haverfordwest RFC Pembrokeshire Vikings		Yes	Yes	Simon Gardner	pembrokeshirevikings@outlook.com 07581 346832
Pembroke Dock and Pembroke Boxing Club		Yes	Yes	Chris McEwen	mcewen_71@hotmail.com 07891 105372
Narberth RFC			Yes	Martyn Davies	martyndavies79@yahoo.co.uk
Milford Haven Golf Club			Yes	Rob Davies	office@mhgc.co.uk
South Pembs Golf Club			Yes	Donna Grimwood	marketing@southpembsgc.co.uk
Scarlets Wheelchair Rugby		Yes		Jane Hayton	b.jane_h@hotmail.co.uk 07967 140474
Merlin's Bridge Boxing			Yes	Naomi Dalton	merlinsbridgeabc@gmail.com 07900 651440
Chaos Netball			Yes	Mel Marshalsey	mel.marshalsey@outlook.com 07929 542019
Fishguard Netball Club			Yes	Rhian Hamer	fishguardnetballclub@gmail.com 07878 932452